



ALEXIAN
BROTHERS

Alexian Village of Tennessee

Welcome to the Evergreen Room



Alexian Brothers Values:

Compassion

Dignity of the Person

Care of the Poor

Holism

Partnership



Evergreen Room

Alexian Village of Tennessee

How to use this menu:

Select your Soup from the Daily Menu.

Daily Salad Bar includes a Daily Salad Selection in addition to Fruit, Cottage Cheese, and more.

Select an Entrée from the menu or the Daily Features. Most items are available with or without Sauce.



Menu items with this symbol are Heart Healthy.

Select your Accompaniments.

Select your Dessert or Ice Cream.

We hope you enjoy your meal. Please let us know about your experience! Comment cards are located on your table or you may contact us directly. We appreciate your feedback.

***Natalie Whitworth—Director of Dining Services
Phyllis Hixson or Kim Hicks—Dining Room Managers
Joe Cullen or Dwayne Butler— Chefs***





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Entrees

Special Requests? See a Hostess or Supervisor.

Grilled Pork Shanks Two Pork Shanks (on the Bone) with or without Dark Java BBQ Sauce.

Grilled Flat Iron Steak Seasoned with Salt, Pepper, Char-Grilled Medium (Warm Pink Center) on a bed of Roasted Root Vegetables.

Grilled Turkey Filet Bacon Wrapped and Seasoned with Salt and Pepper. Served with or without Port Fig Sauce. Served with Wild Rice Medley.

Pan Fried Tilapia Seasoned with Salt and Pepper, then Dusted with Flour and Pan Fried in Canola Oil.



Baked upon request in Butter Buds for a Heart Healthy Alternative.



Grilled Chicken Breast with Salt and Pepper. (Steamed Upon Request.)

Soup and Salad Combination of Soup du Jour and Salad Bar.

Grilled Chicken Alfredo or Marinara Homemade Alfredo Sauce or Marinara Sauce with Pasta and Parmesan Cheese. Available with or without Chicken.

Alfredo Sauce—Made with Butter, Cream, and Parmesan Cheese.

Marinara Sauce— Tomatoes and Italian Seasoning.



Daily Steamed Vegetable Plate may vary daily with Vegetable Selections and Choice of Baked or Sweet Potato.

Chef Salad made with Smoked Turkey, Ham, American, Cheddar, and Swiss Cheese, Tomatoes, Eggs, Green Pepper, and Red Onions.

Caesar Salad with Salmon or Grilled Chicken Breast made with Romaine Lettuce, Parmesan Cheese, Caesar Dressing, and Croutons (Available without Croutons and Choice of Dressing.)



Salad is Heart Healthy with Light Dressing.





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Accompaniments

French Fries

Terra Chips / Potato Chips

Mashed Potatoes with or without Brown Gravy

Macaroni and Cheese

Brown & Wild Rice Blend

Baked Potato

Sweet Potato

Steamed Broccoli

Assorted Squash

Green Beans

Applesauce





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Beverages



Juice Selections: Apple Juice, Cranberry Juice, Grape Juice, White Grape Juice, Grapefruit Juice, Orange Juice, Pineapple Juice, Tomato Juice, V-8, Low Sodium V-8, Prune Juice

Dairy Selections: Whole Milk, 2% Milk, 1% Nutrish Milk, Skim Milk, Buttermilk

Soda Selections: Coke, Caffeine Free Coke, Diet Coke, Caffeine Free Diet Coke, Sprite, Sprite Zero
Vanilla, Chocolate, or Strawberry Ensure Available.



Salads

Dressing Selections: Light Ranch, Light Italian, Caesar, Honey Mustard, Poppy-Seed, Balsamic Vinaigrette, Honey French, 1000 Island, Bleu Cheese, Oil & Vinegar (Balsamic & Red Wine), Fat Free Italian, Fat Free 1000 Island

Daily Salad Bar

Selections Vary Daily.



(If you need assistance, don't hesitate to ask.)

Sandwiches

Fat Free Mayonnaise Available Upon Request.

Hamburger or  Veggie Burger with Mayonnaise, Mustard, Lettuce, Tomato, Onion, Pickle, and Choice of Cheese (American or Swiss).

Hot Dog (Boiled or Grilled) with Cheese, Relish, Mustard, and Onion.

Triple Decker Club Ham, Turkey, Bacon, Lettuce, Tomato, American and Swiss Cheese on Wheat Berry Bread. Served with or without Mayonnaise.
Turkey Club or B.L.T. available.

Marinated Portabella Sandwich Grilled with Roasted Red Pepper, Swiss Cheese, and Pesto Mayonnaise on Basil Focaccia

