



www.tseniorolympics.com

Chattanooga District Senior Olympics

2012 Entry Information

General Information

The Tennessee Senior Olympics is a sports competition for athletes age 50 and older of all skill levels. The objectives of the Senior Olympics are to recognize people who have achieved and maintained good health throughout their lives; promote physical fitness and the pursuit of lifetime leisure activities; and provide opportunities for fun, recreation and fellowship.

District Information

The Tennessee Senior Olympics hosts ten district events across the state of Tennessee. Athletes are encouraged to participate in their home district (determined by county of residence). If unable to do so, one may choose from any district. Teams and individuals may participate in as many districts as desired. Registration and payment is required for each district.

Age Categories

The Tennessee Senior Olympics age categories are as follows:

50-54	55-59	60-64	65-69	70-74
75-79	80-84	85-89	90-94	95+

Participants will qualify for age divisions according to their age as of December 31, 2012.

In doubles events and in team competition, teams will compete in the division determined by the age of the youngest team member.

Health

The Tennessee Senior Olympics strongly recommends that each participant consult his/her doctor in regards to practice, preparation, and competition in these events or any similar physical activity.

Registration

Participants may enter an unlimited number of events. However, one may not register for events that will overlap in time.

After the close of the registration period, athletes will receive a confirmation letter with event details. Please make sure all the information is correct on your confirmation letter. For questions or corrections, please contact the Chattanooga district coordinator. Contact information is included in this form.

Rules and Equipment

All events will be conducted in accordance with the 2012 Tennessee Senior Olympics Official Rules Manual. A copy of the rules for each event will be available at each event site. The complete rules manual is also available on www.tnseniorolympics.com.

Equipment for each event will be provided unless stated in the rules of each event. Participants are advised to consult the Official Rules Manual concerning equipment for their specific event(s).

Check-in for Events

Unless notified by mail, e-mail or phone, check-in for events will be prior to the starting time listed on the schedule of events. If an athlete is not present at game time (even exhibition), he or she will be scratched even if participating at another Senior Olympics event. Game Time is Forfeit Time.

A Word to Those of You Who Are New

Many times we are asked what the competition is like at the Senior Olympics. The beautiful thing about the Senior Olympics is that it offers a healthy competition for individuals of all skill levels. A beginner will have the chance to reawaken or try new skills and set a baseline in terms of fitness. A seasoned athlete can sharpen skills and strive to best prior personal performances. What is unique about the Senior Olympics is the warmth and acceptance that you will discover among all competitors, staff, and volunteers. You will often find that a national level athlete will cross a finish line and then turn and cheer as every athlete finishes. Our mission in providing this program is to give you a goal so that you will train year long and stay fit and healthy. Please join us in 2012!



General Information

The following counties are included in the Chattanooga District: Grundy, Hamilton, Marion and Sequatchie. Alabama and Georgia residents who live within 30 miles of Hamilton or Marion counties may also compete in the Chattanooga District Games.

Olympic Torch Relay

Downtown Chattanooga - beginning at Alexian Brothers Senior Neighbors and ending at Alexian Brothers Senior Neighbors.

Opening Ceremonies

Opening Ceremonies will be held at 11:00 p.m., Monday, May 7, 2012 at Alexian Brothers Senior Neighbors, 250 East 10th Street (2nd Floor Senior Neighbors Building)

T-shirts may be picked up Monday May 7th at the close of opening ceremonies or at Alexian Brothers Senior Neighbors on Tuesday, May 8 – Friday, May 11, from 8:30 a.m. – 4:30 p.m.

T-shirt pick-up hours are:

May 7	After Opening Ceremony	ABS N
May 8	8:30 a.m. - 4:30 p.m.	ABS N
May 9	8:30 a.m. - 4:30 p.m.	ABS N
May 10	8:30 a.m. - 4:30 p.m.	ABS N
May 11	8:30 a.m. - 4:30 p.m.	ABS N

Fees

All participants are required to pay a one-time entry fee. Below are additional event-related fees. All fees must be submitted with the registration form and be postmarked by April 2, 2012.

Early Bird Entry Fee	\$25.00 (postmarked by March 15)
Final Deadline Entry Fee	\$30.00 (postmarked by April 2)
Bowling	\$7.50 per event
Golf	\$27.00 – includes greens fees and cart

ABSOLUTELY NO LATE REGISTRATION!

District Contact Information

Coordinator: Samantha Parker
Phone: (423) 755-6114
E-mail: sparker@alexianbrothers.net
Address: Chattanooga District
Tennessee Senior Olympics
250 E. 10th Street
Chattanooga, TN 37402

Awards

Medals will be presented for first, second, and third place finalists in each age/gender category. The awards will be presented at the conclusion of each event.

Event Sites

Alexian Brothers Senior Neighbors
Address: 250 East 10th Street / Phone: (423) 755-6100

Baylor School
Address: 171 Baylor School Road / Phone: (423) 267-8505

Brainerd Recreation Complex
Address: 1010 N. Moore Road / Phone: (423) 425-3600

Brown Acres Golf Course
Address: 406 Brown Road / Phone: (423) 757-PAR4

Champions Tennis Club
Address: 1096 Lupton Drive / Phone: (423) 870-3112

Chattanooga Fitness Center/Warner Park
Address: 1254 East Third Street / Phone: (423) 697-1320

Chattanooga Rowing Club
Address: 1001 Riverside Drive (Boathouse)
Phone: (423) 622-6846

East Chattanooga Recreation Center
Address: 2409 Dodson Avenue / Phone: (423) 697-1281

Enterprise South Nature Park
Address: 8015 Volkswagen Drive / Phone: (423) 893-3502

Holiday Bowl, Brainerd Road
Address: 5518 Brainerd Road / Phone: (423) 899-2695

McCallie School
Address: 500 Dodds Avenue / Phone: (423) 492-5539

Notre Dame School
Address: 2701 Vermont Avenue / Phone: (423) 624-4618

The Summit Complex
Address: 8646 Apison Pike / Phone: (423) 643-6055

Wyatt Recreation Center
Address: 408 Colville Street / Phone: (423) 757-5443

YMCA - Downtown
Address: 301 West 6th Street / Phone: (423) 265-8834

Event Schedule

Monday, May 7

Olympic Torch Relay 10:00 a.m.	Downtown Chattanooga
Opening Ceremony 11:00 p.m.	250 East 10th street 2nd Floor (Senior Neighbors Building)
Pickleball, singles 3:00 p.m.	Wyatt Recreation Center

Tuesday, May 8

Pickleball, doubles and mixed doubles 9:00 a.m. (men) 10:00 a.m. (women) 12:00 p.m. (mixed)	Wyatt Recreation Center
Basketball - Free Throw (men) 2:00 p.m.	Baylor School
Basketball - 3-on-3 (men) 3:15 p.m.	Baylor School
Basketball - Free Throw (women) 2:00 p.m.	Notre Dame School
Basketball - 3-on-3 (women) 3:15 p.m.	Notre Dame School

Wednesday, May 9

Bowling, singles 9:00 a.m.	Holiday Bowl – Brainerd Road
Swimming 9:30 a.m.	McCallie School
Volleyball (men) 2:00 p.m.	Baylor school
Volleyball (women) 2:00 p.m.	Notre Dame School

Thursday, May 10

50M Run 8:00 a.m.	McCallie School
100M Run 8:20 a.m.	McCallie School
Tennis, singles 8:30 a.m.	Champions Tennis Club
1500M Run 8:40 a.m.	McCallie School
200M Run 9:00 a.m.	McCallie School
Bowling, doubles 9:00 a.m.	Holiday Bowl – Brainerd Road
800M Run 9:20 a.m.	McCallie School
400M Run 9:40 a.m.	McCallie School
1 Mile Power Walk 10:00 a.m.	McCallie School

Thursday, May 10 continued

Field Events, Long Jump & High Jump 10:30 a.m.	McCallie School
Discus & Shot Put 11:00 a.m.	McCallie School
Javelin 12:15 p.m.	McCallie School
Horseshoes 1:30 p.m.	East Chattanooga Recreation Center
Table Tennis, singles and doubles, mixed doubles 3:30 p.m.	Wyatt Recreation Center
Softball Throw 6:00 p.m.	The Summit Complex
Softball 6:45 p.m.	The Summit Complex

Friday, May 11

5K Run 7:30 a.m.	Enterprise South Nature Park
Golf 8:00 a.m.	Brown Acres Golf Course
Cycling – 5K 8:30 a.m.	Enterprise South Nature Park
Tennis, doubles 8:30 a.m.	Champions Tennis Club
Bowling, mixed doubles 9:00 a.m.	Holiday Bowl – Brainerd Road
Cycling – 20K 9:15 a.m.	Enterprise South Nature Park
Badminton, singles 10:00 a.m.	Wyatt Recreation Center
Shuffleboard, singles and doubles 10:30 a.m.	Brainerd Recreation Complex
Badminton, doubles 12:00 p.m.	Wyatt Recreation Center
Badminton, mixed doubles 1:00 p.m.	Wyatt Recreation Center

Saturday, May 12

Tennis, mixed doubles 8:30 a.m.	Champions Tennis Club
*Weightlifting 9:00 a.m.	Chattanooga Fitness Center/Warner Park
Racquetball 10:00 a.m.	YMCA – Downtown
*Rowing - 1000 meters 12:30 p.m.	Chattanooga Rowing Club (Boathouse)

Listed Start Times are Event Times!

Inclement Weather

The Tennessee Senior Olympics Chattanooga District reserves the right to cancel or postpone events in case of inclement weather or extenuating circumstances. Athletes will be advised of any schedule changes as soon as possible. For further information, please call your district coordinator.

*Indicates an Exhibition Sport that is not offered at the State Finals

Health Information

Do you have specific health conditions or problems that would need to be known in case you need emergency treatment?

- No
- Yes _____

Family Doctor _____

Phone () _____

Emergency Contact _____

Relation _____

Phone () _____

Recruitment

Are you a first-time Senior Olympics athlete?

- No
- Yes, but I wasn't recruited by a returning athlete.
I became aware of the Senior Olympics by:
 Radio TV Billboard Newspaper
 Alexian Brothers Publication Other _____
- Yes, and I was recruited by a returning athlete and his/her name is _____

Scholarship Assistance

A limited number of scholarships may be available. For more information, please contact Senior Neighbors at (423) 755-6114.

Liability Waiver

I, the undersigned, understand and expressly assume the dangers of the District Senior Olympics competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, Chattanooga District Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, Alexian Brothers Senior Neighbors of Chattanooga, Inc., Chattanooga Parks and Recreation, University of Tennessee at Chattanooga, McCallie School, Holiday Bowl, Brown Acres Golf Course, City of Chattanooga and any other sponsoring agencies, venues or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Chattanooga District Tennessee Senior Olympics and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend me during my participation in the Senior Olympics if it is deemed necessary.

I, the undersigned, grant Senior Olympics and its sponsors the right to use any still or motion pictures taken of me during the 2012 Chattanooga District Senior Olympics without remuneration.

Signature _____ Date _____

This form must be completed and postmarked by April 2, 2012 in order to participate. Forms may be mailed to: Chattanooga District Tennessee Senior Olympics, 250 E. 10th Street, Chattanooga, TN 37402

Please include your team and/or partner's name and age when registering for doubles and team events. Partners must also submit a registration form. You may not enter an event after the deadline.

Please note: Team Captains should submit their entire team's entry forms as well as a roster at one time to be officially entered.

Entry and Event Fees

- Early Bird Registration (3/15) \$25.00 \$ _____
- Final Deadline Registration (4/2) \$30.00 \$ _____
- I am participating in golf + \$27.00 \$ _____
- I am participating in a bowling event
_____ x \$7.50 = \$ _____
number of events entered

- I would like an additional T-shirt
_____ x \$10.00 = \$ _____
number of additional shirts ordered

- Donation to Senior Olympics \$ _____
- Donation to Scholarship Assistance \$ _____

TOTAL AMOUNT ENCLOSED \$ _____

**Make checks payable to
"ABSN – Tennessee Senior Olympics."**

Mail all forms and fees to:

Chattanooga District
Tennessee Senior Olympics
250 E. 10th Street
Chattanooga, TN 37402

Affiliation

School, Church, Company, Unattached _____

Senior Olympics State Finals

July 13-19, 2012/Williamson County

IT IS NECESSARY TO REGISTER FOR THE STATE FINALS. Participating in a district event does not automatically register an athlete for participation in the state finals.

- The early bird deadline to register: May 11, 2012
- The final deadline to register: May 25, 2012

Any athlete who PARTICIPATES on the district level may advance to state finals in the exact sport/event in which he/she participated.

Open sports that do not require qualification include archery, cycling, the 5K and 10K road races, racquetball, and the power and fitness walk. Sports not offered at your home district are also considered open.

It is necessary to register and pay for the state finals. Registration and participation in a district does not automatically register one for the state finals. Entry forms may be downloaded from the site and mailed in for registration. If a computer is not available, athletes may call and request that a form be mailed.

National Senior Games Information

The National Senior Games are scheduled for July 21–August 5, 2013 in Cleveland, Ohio. 2012 is the qualifying year for the 2013 National Games.

Top finalists from this summer's state finals in Williamson County will qualify for the event. This includes:

- The top 3 teams in basketball, volleyball, and softball.
- The top 3 finalists in each age group in pickleball and tennis.
- In golf, the first place winner will qualify as well as all others who meet the minimum performance standard.
- The remaining individual sports will qualify the top 4 in each age group.
- Athletes may also qualify by meeting or exceeding the Minimum Performance Standards (MPS) in archery, golf, race walk, road race, swimming and track & field at a 2012 qualifying games.
- Pickleball and the 50m dash have been added to the slate of events in Cleveland, Ohio.

For further information, rules and minimum performance standards, please visit www.nationalseniorgames.org.

Rule Highlights

- 1) As mentioned on the general information page, athletes are encouraged to participate in their home district (determined by county of residence). If unable to do so, one may choose from any district.
- 2) **Teams and individuals may participate in as many districts as desired. Registration and payment is required for each district.**

- 3) If an athlete is the only individual in his or her respective age group, he or she must play an exhibition match to qualify for the state finals and before medals will be awarded.
- 4) Athletes must pre-register for each sport. Events may not be entered at the last minute and on site. Sports must be checked on entry forms.
- 5) Athletes must participate in each specific event to qualify for the state finals. For example, swimming the 50 freestyle does not qualify an athlete for the 100 freestyle. Each event requires participation.
- 6) Doubles partners who participate at the district for the state finals should plan to play together. If one of the partners cannot attend, another qualified athlete in the same competition may be chosen. Changes must be submitted no later than one month prior to the state finals.
- 7) An individual who misrepresents his or her age or address will be banned from the Tennessee Senior Olympics at all levels and for all events for three years. In addition, if the individual was a member of a team, that team will be disqualified. A team captain is required to verify all ages and addresses of team members. Team captains will be responsible for turning in rosters and entry forms for team members.
- 8) Athletes will be required to check-in to events 10 minutes prior to their scheduled match. Game time is forfeit time will be upheld.
- 9) There are limits to the number of out-of-district players who can play on basketball, volleyball, and softball teams. Please consult our rule book for these specific rules.
- 10) Athletes are allowed to play on one team per team sport.

The Tennessee Senior Olympics rule book may be viewed online at www.tnseniolympics.com. Please check this for a complete listing of all rules.

Presented by:



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Senior Neighbors

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of Tennessee

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Alexian Brothers Senior Neighbors
 250 E. 10th Street
 Chattanooga, TN 37402

District	Dates	Entry Deadline	Contact Name	Phone Number	E-mail Address
Chattanooga	May 7-12	April 2	Samantha Parker	(423) 755-6114	sparker@alexianbrothers.net
East TN	April 20-25	April 2	Susan Backus	(865) 453-5441	sbackus@seviervilletn.org
First TN	May 8-25	April 27	Teresa Sutphin	(423) 722-5120	tsutphin@ftaad.org
Greater Nashville	April 30-May 5	April 13	Angela Nutt	(931) 682-6876	gnseniorolympics@gmail.com
Memphis	April 16-27	March 15	Lori Fageol	(901) 383-9101	lori.fageol@memphistn.gov
Northwest	April 23-May 11	March 30	Jeana Mills	(731) 885-1246	jeana.mills@nwtd.org
South Central	April 9-13	March 30	Beth Campbell	(931) 762-4231	bcampbell@lawrenceburgtn.gov
Southeast	April 19-28	April 9	Holly Currier	(423) 745-6830	mcminnsenior@comcast.net
Southwest	April 17-30	April 6	Linda Kauffman	(731) 425-8614	southjacksoncenter@cityofjackson.net
Upper Cumberland	April 30-May 11	April 20	Peggy Houston	(931) 484-7416	fpsectn@yahoo.com

Go to www.tnseniorolympics.com for complete list of counties and more information.